

ROSENHEIM LEAGUE(1964) 2010
VENUES/HOSTS/TIMETABLES – WESTERN DIVISION

**WEDNESDAY 05 MAY – KINGSMEADOW
(K&P) with Vets AC**

6.45	Pole Vault	W & M
6.45	Hammer	W
7.00	400m Hurdles	W & M
7.10	800m	W & M
7.15	Hammer	M
7.20	100m	W & M
7.40	400m	W & M
7.45	Triple Jump	W & M
7.50	1500m	W & M
8.00	200m	W & M
8.00	Discus	W
8.00	Shot	M
8.15	3000m	W & M
8.35	4 x 200m Relay	W & M

**WEDNESDAY 16 JUNE – TWICKENHAM
(SMR)**

6.45	Pole Vault	W & M
6.45	Shot	W & M
7.00	2000m Steeplechase	W & M
7.10	800m	W & M
7.20	100m	W & M
7.30	Discus	W
7.40	400m	W & M
7.45	Long Jump	W & M
7.50	1500m	W & M
8.00	200m	W & M
8.00	Javelin	M
8.15	3000m	W & M
8.35	4 x 200m Relay	W & M

**WEDNESDAY 19 MAY – WALTON
(Walton)**

6.45	High Jump	W & M
6.45	Discus	W
7.00	2000M Steeplechase	W & M
7.10	800m	W & M
7.15	Discus	M
7.20	100m	W & M
7.40	400m	W & M
7.45	Long Jump	W & M
7.50	1500m	W & M
8.00	200m	W & M
8.00	Javelin	W & M
8.15	3000m	W & M
8.35	4 x 200m Relay	W & M

**WEDNESDAY 07 JULY – ETON (BA)
PLEASE NOTE LATER START**

7.15	High Jump	W & M
7.15	Hammer	W
7.30	100m Hurdles	W
7.30	110m Hurdles	M
7.40	800m	W & M
7.45	Hammer	M
7.50	100m	W & M
7.50	400m	W & M
8.15	Triple Jump	W & M
8.20	1500m	W & M
8.30	200m	W & M
8.30	Shot	W
8.30	Discus	M
8.45	3000m	W & M
9.05	4 x 200m Relay	W & M

**WEDNESDAY 2 JUNE – EWELL COURT
(E&E)**

6.45	Pole Vault	W & M
6.45	Hammer	W
7.00	100m Hurdles	W
7.00	110m Hurdles	M
7.10	800m	W & M
7.15	Hammer	M
7.20	100m	W & M
7.40	400m	W & M
7.45	Triple Jump	W & M
7.50	1500m	W & M
8.00	200m	W & M
8.00	Shot	W
8.00	Discus	M
8.15	3000m	W & M
8.35	4 x 200m Relay	W & M

**WEDNESDAY 21 JULY – KINGSMEADOW
(K&P) with Vets AC**

6.45	High Jump	W & M
6.45	Shot	W & M
7.00	400 Hurdles	W & M
7.10	800m	W & M
7.20	100m	W & M
7.30	Javelin	W
7.40	400m	W & M
7.50	Long Jump	W & M
7.50	1500m	W & M
8.00	200m	W & M
8.00	Javelin	M
8.15	3000m	W & M
8.35	4 x 200m Relay	W & M

FINALS WEDNESDAY 11 AUGUST – TOOTING BEC

6.45 2000ST,HJ,JT : 7.45 SP,TJ : 8.40 4 x 200